



Pathways Aboriginal Centre

OSKAYAK News

Summer 2011

Youth Corner



The OSKAYAK Youth Committee led the way by welcoming the community to Richmond's 5th annual National Aboriginal Day Celebration.

The day was great show case of Richmond and the areas rich and vibrant Aboriginal community.

Elder Larry Grant opened the celebration with a traditional prayer and acknowledgment of the Coast Salish Territory that Richmond is built upon. Mayor Brodie, Councillor Bill McNulty and Youth John Grann followed Larry Grant with opening remarks that set the tone for a terrific cultural afternoon.

Larry Nicholson did a great job as Master of ceremonies welcoming each artist on stage!

A big thanks to all of the performers: Klash'um, the KAYLA Ladies Drum Group from UNYA, Urban Heiltsuk Drum Group, John Grann, Marlene Hale, the OSKAYAK Youth Committee, all of the volunteers and the great folks at the Cultural Centre for providing the venue and sound equipment for the celebration!

OSKAYAK Garden

The garden is in full bloom and we invite the community to come visit the garden, help out and bring home some fresh vegetables. Already we have been feasting on new potatoes, swiss chard, kale, and great salads. For more information on how you can get involved give us a ring at 604-271-7600 ext.102



Contact Us

Pathways Aboriginal Centre - Richmond Youth Service Agency
100-7900 Alderbridge Way
Richmond, BC V6X2A5
Phone: 604.271.7600

Hours of Operation:
Mondays, Tuesdays & Wednesdays 9:30am-4:30pm
Thursdays & Fridays 12pm - 7pm
Saturdays 10am-5pm

Check out www.rysa.bc.ca for a special events and activities

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Summer Program

for ages 14 -24

The OSKAYAK Summer Program (OSP) is for Urban Aboriginal Youth between the ages of 14 and 24.

The OSP will run on Thursdays and Fridays during the months of July and August. All of the activities are FREE!

Don't make any other Thursday plans this summer because on Thursdays, from 12:00-5:00 pm, the OSP loads into the van for some serious fun!

Thursdays: Cultural & Recreational Out Trips

July 7 Day Trip to Centennial Beach

July 14 UBC: Leadership Training - High Ropes

July 21 Splash Down Water Slides

July 28 OSKAYAK Garden

August 4 Swimming at Sunset Beach

August 11 Art Therapy

August 18 Pitch and Putt

August 25 Paintball

Fridays: Activity & Movie Night

Friday afternoons, starting at 2:00pm until 5:00pm, youth are invited to the AYC to connect with staff, participate in cultural activities, and to use the computers. Every Friday night a movie is played at 5pm!

For more information on the OSP program please contact:

Cailin Lau

Phone: 604-271-7600 ext. 120

Email: cailin.lau@rysa.bc.ca



Summer Program

for ages 10 -14

On Saturdays from 11am-4pm, Pathways Aboriginal Youth Centre is dedicated solely to activities for youth between the ages of 10-14. Every Saturday all summer long, we'll have fun FREE activities around the Lower Mainland. Come with us for some fresh air and exercise, some awesome activities around town including swimming, pitch and putt and cultural workshops.

Saturdays: Cultural & Recreational Out Trips

July 9 Aboriginal Games workshop

July 16 Drum making workshop

July 26 Day trip to Stanley Park

July 30 OSKAYAK Garden harvest

August 6 Pitch and Putt

August 13 Sweat in North Vancouver

August 20 Swimming

Aug 27 End of summer beach party!

or more information please contact:

Cailin Lau

Phone: 604-271-7600 ext. 120

Email: cailin.lau@rysa.bc.ca

www.rysa.bc.ca



Get Outside BC

Get Outside BC -Become a Natural Leader

If you live in BC and are between the ages of 14 and 18 you are invited to apply to this all expense paid program.

July 5-8: Youth Leadership in Summit in Squamish

Build leadership skills, go hiking, network with 40 other youth from across BC, meet inspiring mentors and learn about cool green jobs.

August 12: International Youth Day

Plan and host your own outdoor activity or event in your community!

October 2011: Reunion with Leadership Summit Participants

Share your successes and make plans for future events.

To Apply please go to www.getoutsidebc.ca



Bannock Recipe

Chef Maluh's Bannock Recipe - A favorite at the Youth Centre

Recipe makes about 15 buns.

- 1 package active dry yeast or 6 oz fresh yeast (my favourite)
- 3 teaspoons sugar
- 1 cup plus 2 tablespoons warm water (105°-115 °F)
- 3 ¾ cups flour
- ¼ cup vegetable or (olive oil)
- 2 teaspoons salt

Wet Ingredients

1. In a jug dissolve the yeast, add sugar, salt olive oil and whisk to dissolve.
2. Let stand at room temperature for at least 5 minutes, or until foamy.

Dry Ingredients

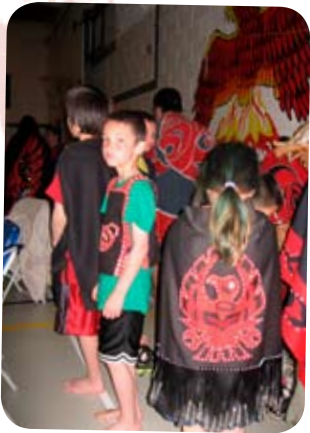
3. In a large bowl add flour and make a well in the center.
4. Add the wet ingredients
5. Using a dough hook attached. Knead with a dough hook for 5 minutes.
6. Transfer the dough to a lightly greased bowl, cover and place in a warm spot for an hour.
7. Punch dough and let rest.
8. Divide dough into equal parts
9. To deep fry bring oil to 325F.
10. Slowly place dough balls into oil .
11. Cook until golden brown.
12. Enjoy with jam!



Enhancement Agreement

We did it! writes Diane Jubinville as the Richmond School District signed its first Aboriginal Enhancement Agreement on Tuesday June the 12, National Aboriginal Day. It was certainly a day to celebrate!!

For the complete story and preview of the Agreement please go to <http://ourvoicessd38.blogspot.com/2011/06/sd38-richmond-signs-its-first.html>



AYC Events

Thursday Out Trips for Aboriginal Youth between the Ages of 14-24 12pm-5pm

July 7 Day Trip to Centennial Beach

July 14 UBC: Leadership Training - High Ropes

July 21 Splash Down Water Slides

July 28 OSKAYAK Garden

August 4 Swimming at Sunset Beach

August 11 Art Therapy

August 18 Pitch and Putt

August 25 Paintball

Saturday Out Trips for Aboriginal Youth between the Ages of 10-14 11am-4pm

July 9 Aboriginal Games workshop

July 16 Drum making workshop

July 26 Day trip to Stanley Park

July 30 OSKAYAK Garden harvest

August 6 Pitch and Putt

August 13 Sweat in North Vancouver

August 20 Swimming

Aug 27 End of summer beach party!

Every Friday from 12-7 the Youth Centre is open to connect with staff, use the computers, art supplies or to hang out!

For a detailed calendar of events please check out www.rysa.bc.ca.

Resources

CHIMO Crisis Line: 604-279-7070 or www.chimocrisis.com

Kids Help Phone: 1-800-668-6868

VACFASS-Vancouver Aboriginal Children and Family Services Society: 604-872-6723

The Healthy Aboriginal: is a non-profit website promoting of health, literacy and wellness: www.thehealthyaboriginal.net

Thank You

To everyone that has supported us

Agencies & Organizations:



School District #38
Richmond



Individuals:

Minuro Cultural Centre
Larry Grant
Larry Nicholson
Mayor Brodie
Anastasia Henderson
Marlene Hale
John Grann
Ryan Lake and family
The OSKAYAK Youth Advisory Committee



